

# My Sarcoidosis Summary

Date: \_\_\_\_\_

Doctor: \_\_\_\_\_

Specialist: \_\_\_\_\_

Give this sheet to your doctor at your appointment. It summarizes the relevant information to give them the information they need to be able to support you.

## GENERAL HEALTH SUMMARY

How have I done since the last visit (sleep, how am I feeling, etc). \_\_\_\_\_

Other doctors I have seen since my last visit. \_\_\_\_\_

Medications that have changed since my last visit. \_\_\_\_\_

How I am doing related to this doctor's specialty. \_\_\_\_\_

Anything else happened to me that is important. \_\_\_\_\_

Any ER visits or hospitalizations I have had since the last visit. \_\_\_\_\_

Here are my questions for this doctor. \_\_\_\_\_

## SYMPTOMS REPORT

Symptom	Better/Same/Worse

## APPOINTMENT SUMMARY

\_\_\_\_\_

## TO DO/FOLLOW UP

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_